

"AIDS. It's really painful.

I've been suffering and
I want to tell people
to have love
and compassion
for those who
have **AIDS.**"

You don't get
AIDS by being
kind to
someone
with AIDS.



AIDS Is Preventable

Practise A Healthy Lifestyle



My friends avoid me now.

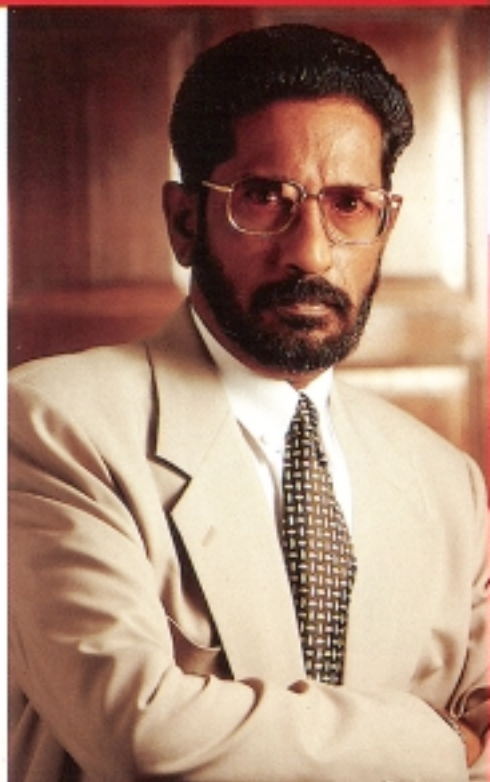
The worse part about having AIDS is everyone treats you like a leper.

One by one, my closest friends gave up on me, afraid I will infect them. I have no one to talk to. That's the hardest bit.

My boss stopped giving me work.

My colleagues sort of suspect I have HIV.

I was taking a lot of medical leave for a while...I was very depressed. My boss started to ignore me and after a nasty confrontation, he asked me to leave.





I didn't have a decent place to stay.

I regret being honest about having HIV.

When I told my landlord , who is also a family friend, he kept very quiet. The next thing I knew he had changed the padlocks and left my belongings outside the gate!

My brother, he disowned me.

I thought I could turn to my brother for help... to give me a job. But he refused to answer my calls. He even told his staff he doesn't have a sister.





working together

living together

You don't get
AIDS
from...

playing together

touching

Show love and compassion.

Don't ostracise and victimise the AIDS victims.

Many can still lead a normal life.

Give them a break.

It's painful enough to have AIDS.

Don't make it worse.

**You don't get AIDS
by being kind to
someone with AIDS.**

HIV is only transmitted through sexual intercourse or sharing needles as a drug user or from infected mother to unborn baby.