

If your husband-to-be
had indulged in
high-risk behaviour,
he could be
HIV positive.

You and your
baby could be
infected.



**Make sure your
husband-to-be is
not HIV positive.**

You may trust your husband-to-be,
but what about his past? Was he promiscuous?
Unknown to you, he may have been infected
by his previous partners.
Or he may have shared needles as a drug user.
This puts you at risk.

AIDS Is Preventable

Practise A Healthy Lifestyle



**Women are more
vulnerable to HIV.**

And if you get pregnant,
your baby may be infected too.
Either at birth or through breastfeeding.
Protect your baby and yourself.
Be careful when choosing a
husband. Know his past.

**If you are uncertain,
consult your doctor.**

What is **AIDS?**

Your baby
can **die** from it.



Women are more vulnerable to the virus HIV,

(Human Immunodeficiency Virus).

If your husband-to-be was infected by his previous partners or shared needles as a drug user, you could be infected as well.

The virus invades your white blood cells and propagates inside the cells.

It weakens and eventually destroys your immune system.

You then become an easy target for pneumonias, cancers, tuberculosis or other infections.

Harmless diseases and infections then become life-threatening.

When you are HIV positive and contract any of these, you have AIDS.

If you get pregnant, your baby may be infected too.

AIDS is a killer. You never heal from any sicknesses.

Neither does your baby. If your baby lives long enough, he will grow up with all kinds of diseases and infections.

You die a slow and painful death. So does your baby eventually.

AIDS

There's no cure.

Only prevention.

WARNING :

- Don't sleep around
 - Don't bring home AIDS
 - Don't share needles
 - Don't donate blood
- If you are HIV positive
- Practise safe sex