

**She's had 5 blissful years of marriage...**

**She has always been faithful  
to her husband...**



**....but she's also HIV positive.**

**Most women get infected with HIV. The virus that causes AIDS by unfaithful husbands. Protect yourself and your family. Insist on a condom always if you are unsure of your spouse's HIV status or if they are HIV positive. Know your ABC's for life**

**A**bstinence  
That means no sex

**B**e faithful  
Have sex only  
with your spouse

**C**ondoms  
Use them properly



*Practise A Healthy Lifestyle To Avoid AIDS*  
A Public Service message from the Ministry of Health Malaysia and the HEAL Programme

